**Mehak makker**

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# Objective

A Master’s student in Psychology at Banaras Hindu University with a B.Sc. in Applied Psychology.

As a Psychology Intern at Marengo Hospital, I gained hands-on experience working with diverse clients and assisted in psychological testing. Additionally, during a three-month internship with ICHARS, I developed expertise in psychological modalities and counseling techniques.

My empathy, strong communication skills, and experience in psychological testing and mental health education make me well-prepared to contribute effectively to this role.

# Experience

**ICHARS**

Psychology intern | April 2023 - May 2024

- Learnt about different counseling modalities and approaches

- Spread information about mental health through social media

**Marengo QRG hospital**

Psychology intern | June 2022 - July 2022

- Learnt about various mental health disorders

- Observed and communicated with clients

- Learnt about the counseling protocols

- Conducted psychological tests

# Other experience

**Amazon**

Customer Support Executive | September 2023 – November 2023

- Communicated effectively with customers, providing clear and concise responses in English.

**Chegg**

Subject Matter Expert | December 2022 – May 2024

- Provided well-explained answers to help students world-wide.

# Education

**Banaras Hindu University**

MA in Psychology | 2024–2026

**Manav Rachna International Institute of Research and studies**

B.Sc. in Applied Psychology | 2020–2023

# Skills

Attention to Detail | Communication | Counseling | Empathy | Mental Health Education | Cultural Sensitivity | Independent Work

# Languages

English | Fluent

Hindi | Native Proficiency

# Publication

* Makker, M. (2024). Self-Care: Blueprint for Wellbeing. *Manaswini*, Issue 2, pp. 3–4. Retrieved from https://goto.now/6BEOq